



Just some of the sailing course topics include:

- Rigging
- Useful knots in sailing
- Sailing terminology
- Rules of the road for sailors
- Sailing rescues for students and others
- Sailing to all points of the wind
- Hands on experience
- And much more



**City of Saint Paul
Parks & Recreation - Aquatics**
270 N. Lexington Pkwy
Saint Paul, Minnesota 55104
Christopher B. Coleman, Mayor



Come Sail Away



Instructional Sailing Program 2011



**City of Saint Paul
Parks and Recreation-
Aquatics Program**

For sailing registration,
information and updates, visit:

www.stpaul.gov/parks

Come Sail Away

Come Sail Away is an exceptional and affordable course. The City of Saint Paul sailing classes are for those who want to get out on the water and stay safe while having fun.

Sailing is a challenging sport. To help ensure the safety of everyone on board, a good sailor must have a healthy respect for Mother Nature, always being aware of changing wind and weather. It's called seamanship; and it's a message that comes through loud and clear in **Come Sail Away**.

Classes are designed to provide students with the knowledge and skills necessary for safe and enjoyable recreational sailing. Classes are taught by certified instructors emphasizing on-the-water experience.

Class sizes are limited for sailing classes. For registration and information please call (651) 642-0253 or visit: www.stpaul.gov/parks

Instructional Sailing Program Classes

Basic Sailing

The cost of Basic Sailing includes all necessary equipment, life jackets and text books. Total course hours: **24**.

-Class 1	June 6 - June 29	Mon/Wed	5:30-8:30 p.m.
-Class 2	June 7 - June 30	Tu/Thur	5:30-8:30 p.m.
-Class 3	July 6 - August 1	Mon/Wed	5:30-8:30 p.m.
-Class 4	July 5 - July 28	Tu/Thur	5:30-8:30 p.m.
-Class 5	Aug 1 - Aug 24	Mon/Wed	5:30-8:30 p.m.
-Class 6	Aug 2 - Aug 25	Tu/Thur	5:30-8:30 p.m.

Class Limit: 12 students.

Location: Phalen Lakeside.

Cost: \$125 per person (8 classes)

Age: 14 years old through adult.

Intermediate Sailing

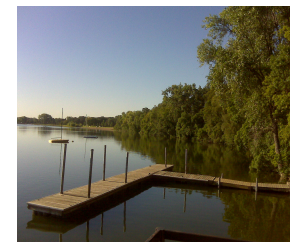
-Class 7	Aug 2 and Aug 4	Tu/Thur	5:30-8:30 p.m.
Class Limit: 6 students.		Cost: \$55 per person (2 classes)	
Location: Phalen Lakeside		Age: 14 years old through adult.	

Intro to Multihulls

-Class 8	Aug 9 and Aug 11	Tu/Thur	5:30-8:30 p.m.
Class Limit: 2 students.		Cost: \$80 per person (2 classes)	
Age: 14 years old through adult.		Location: Area lake; more information will be sent out to registered students.	



Phalen Lakeside



Activities Center
1530 Phalen Drive
Saint Paul, Minnesota
55106